

## Why should I be treated?

Choosing to undergo orthodontic treatment is a personal decision with far reaching benefits that can last a lifetime. Repositioning your teeth and improving the harmony of your mouth can boost your confidence. Aligned teeth create a better bite, which helps you chew more comfortably and makes oral hygiene easier.

## **How Long does Treatment Last?**

Every patient is unique and each individual treatment is different. On average you should expect treatment to last between 12 and 36 months. To achieve your ultimate smile you must continue until the end of your treatment.

#### **Treatment Results**

Your Orthodontist uses every means available to achieve the best treatment results, while maintaining the highest level of patient comfort. Selecting only quality products from GC Orthodontics provides the necessary tools to obtain these goals.

Office stamp

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# How does an Orthodontic Appliance Work?

Orthodontic Appliances have 3 Key Components:

- The attachment or bracket is bonded onto the tooth surface and guides the tooth to its ideal position by the end of treatment.
- The metallic archwire is inserted into the attachment and gently coaxes the tooth into its final position.
- The Ligature, keeps the archwires in the bracket slot.

  Archwires and ligatures are replaced several times over the course of treatment



**Hygiene:** It is important to maintain excellent oral hygiene with a fixed orthodontic appliance.
Brackets tend to trap food, which

can lead to gingivitis and plaque (tartar) buildup. Brushing in the morning, afternoon and at night is highly recommended.



#### **LEGEND or LEGEND mini Rhodium:**

Depending on the treatment offered, you can choose between a traditional metal bracket, or a more discreet Rhodium metal bracket. Rhodium brackets are highly aesthetic due to their low reflective matte finish. Your Orthodontist will advise you according to your defined treatment plan.



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The points made in this brochure are for guidance only. Your Orthodontist is the only qualified person for making a diagnosis and establishing a proper treatment plan.

There are many variables involved in your treatment plan, therefore treatment times vary from one patient to another.

Ask your Orthodontist which treatment is the best for you.